

Bakersfield College

Administrative or Student Services Unit SLO and Assessment Plan

Unit: Health and Wellness Program

2010-2011

**BC Mission:** With its heritage as a foundation and an eye toward the future, Bakersfield College provides the high quality education necessary for our socially and ethnically diverse students--whether they be vocational, transfer oriented, developmental, or some combination of these--to thrive in a rapidly changing world. We will accomplish our mission by:

1. Establishing strong connections with our student and business communities
2. Understanding the needs of our diverse student population
3. Responding to student and community needs with efficiency and flexibility
4. Honoring our long heritage of community involvement
5. Remaining vigilant in scanning our present and future environment within which we operate
6. Promoting tolerance and patience with all our stakeholders

**Unit Mission:** To promote student success by providing access to cost-effective quality healthcare and promote wellness to Bakersfield College's diverse student population while empowering students to take charge of their health and wellness.

**Unit Vision:** The Health and Wellness Program envisions a healthy Bakersfield College in which students are empowered and reinforced for making healthy choices that improve individual health as well as the health of the campus-community.

AUO/SLO	Assessment Plan (Describe)	Results/ Decisions
Write program policies and procedures and Student Learning Outcomes (SLO)	Review other California Community College Student Health and Wellness Centers protocols. Tour at least one CCC SHWC; review other SHWC SLOs and their measurement process; assign staff areas of research and protocol, SLO draft assignments; monthly staff meetings to process, draft, revise policies and SLOs	Result: Student Health and Wellness Program staff wrote, approved, and implemented ten (10) policies and procedures for the SHWC. Developed Student Learning Outcomes - continue to develop measurements tools. Program staff also modified SHWC mission; developed a vision state and program goals. Decisions: SLOs to be implemented and in use by all program staff by July 1, 2011. Work with A& R to develop measurement tools. Continue to develop objectives for each program goal. Continue to write program protocol.
Continue to support collaborative Student Government Association and Student Health and Wellness Program peer mentoring health education program (MAPS – Mentoring and Peer	Set-up committee of SGA and club members to meet with designated SHWP staff to draft proposal for a student led health and wellness group of peer mentors with a goal of providing interactive health and wellness sessions for students	Result: Established group - first year - 16 peer mentors completed 16 hours of peer mentor training. Peer mentors provided ten tabletop events for Bakersfield College students on a variety of health topics. mentors participated in ten training sessions (monthly). Mentors provided six classroom presentations for students at a faculty member's request. Mentors facilitated the first Delano Campus Health and Wellness Health Fair.

<p>Expand mental health services to include increasing service hours for LCSW staff, developing graduate internship program site with CSUB, and developing a Crisis Management Team</p>	<p>Reviewed SHWC student data from 2009-2010 to assess MH services. Joined CCC Mental Health and Wellness Professional Association as a means of networking - collected data from other CCCMHWA members re MH services on their campuses. Continued to assess daily, weekly use of services by students.</p>	<p>Result: In July, expanded mental health services from 9 to 12 hours per week at the Panorama Campus. In March 2011, expanded the MH weekly hours to 16. Data collected over the course of the semester indicated students weren't able to get a MH appointment in a timely manner - frequently a three to four week wait before appointments. From September 1 - May 13, 2011, the LCSW has counseled 362 students. Added three hours of weekly mental health services to the Clinica Sierra Vista contract for students who attend the Delano Center. The CSUB internship is in progress via the contracted services with Clinica Sierra Vista - with a projected start date of fall 2011. The Crisis Management Team development is on hold.</p>
<p>Expand medical</p>	<p>Reviewed SHWC student data from 2009-2010 to assess students' use of services; reviewed budget for three preceding service years</p>	<p>Result: medical services for students expanded from 15 weekly hours to 32 weekly hours to include one evening of medical services. From September 1 - May 13, 2011 - 2102 students completed medical visits in the Student Health and Wellness Center. Made over-the-counter meds available to Delano center students. Nutritional services and smoking cessation programs were deferred to the 2011-2012 academic year.</p>
<p>Continue to expose students to health education materials and passive health education programming. This includes specific topic related media campaigns such as alcohol and other drug abuse and sexual assault prevention accomplished via brochures, posters, flyers, table tents, or other methods.</p>		<p>Results: Students were exposed to health and wellness information monthly via tabletop events. Students on both campuses had access to over-the-counter medications. Students at the Panorama Campus had access to health and wellness pamphlets and flyers. Both campuses advertised the medical and mental health services available to students via multiple colorful posters and bookmarks.</p>

<p>Develop a Student Health Advisory Committee (SHAC) composed of a highly dedicated group of students, staff and faculty whose main purpose is to promote physical and mental health on campus and serve as a liaison between students and the Student Health Center while serving as a voice and advocate for students in promoting general health and wellness and working to ensure that SHC addresses student health care needs in an efficient and cost effective</p>		<p>Results/Decisions: deferred to 2011-2012.</p>
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