Learning Styles Assessment (10 points)

The purpose of this assignment is to assess what your primary learning style is, learn more about that style, and evaluate how you can adapt your study habits to take advantage of your learning style and be successful in Biology 3A (and other college classes).

Go to Mrs. Garrison’s website home page <www2.bakersfieldcollege.edu/agarriso> and scroll all the way to the bottom of the page. Under Learning Styles Questionnaire and Strategies, click on Index of Learning Styles Questionnaire. Provide a name in the box requesting your name (it doesn’t have to be your real name). Read the instructions, then follow those instructions and answer all of the questions in the questionnaire. When finished, click on the Submit button.

Print the Results page. The results will be presented as four different scales that each compare two different learning styles along an axis. The comparisons are Active versus Reflective learners; Sensing versus Intuitive learners; Visual versus Verbal learners; and Sequential versus Global learners. On some of these scales you may be near the middle, indicating that you are not strongly one way or the other, and can easily use methods that favor either learning style. On other scales, you may be pretty far to one side or the other, indicating you strongly favor one learning style over another, and will learn better when using methods that favor that learning style.

Now click on the link to Learning Style Descriptions or go back to Mrs. Garrison’s home page and click on the Learning Styles Strategies link. After reading about the various learning styles and thinking about your own learning styles, write a short paper (3/4 to 1 page, typed, double-spaced) explaining what your learning styles are and how you will adapt your study methods in Biology 3A to fit your learning styles and increase your success in the course. **Be sure to address each of the four different comparisons.** Even if you are not strongly one style over another, address how you can take advantage of that fact.

Staple your typed paper to your Questionnaire results and turn both in at the beginning of next week’s lab for up to 10 points.