Victorian Age
  o Secrecy

  o Economic change

  o Feminism

Victorian Age - Double Standard
  • Different rules for men than for women.
  • Good girl / bad girl dichotomy
    ▪ Upper-class women - good and pure, proper
    ▪ Poor women - uncivilized, perverse, animalistic

First Sexual Revolution - Roaring 20's
  o Economic growth.
  o Urbanization
    ▪ Cities offer a larger pool of potential suitors.
    ▪ “Going out”
    ▪ “Treating”
  o Men and women now occupied shared social space.
    ▪ Men now had the opportunity to have sex with women in their same social group.
    ▪ Half of all women coming of age in the 1920s had premarital sex.

The Sexual Revolution (Part Deux)
  o Birth control pill (1960)
    ▪ Increased college attendance and graduation rates for women.
  o The publication of the Kinsey Reports and Masters and Johnson’s Human Sexual Response (1966).
  o Kinsey
  o Masters and Johnson
Receptivity and Arousal

- Estrus

- Tumescence

What is a key difference between human tumescence and estrus?

Masters and Johnson: Sexual Response

EPOR (Excitement-Plateau-Orgasm-Resolution)

- Not meant to be understood as four distinct events.
- Responses occur in reaction to all forms of sexual stimulation.

- E - Excitement
  - Male
    - Vasocongestion
    - Flush
    - Myotonia
  - Female
    - Vasocongestion
    - Flush
    - Myotonia
Masters and Johnson: Sexual Response (Continued)

- P - Plateau
  - Female Tenting
  - Male Tenting

- O - Orgasm
  - Orgasm (Multiple is possible for both male and female)

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<th>Orgasm Stages</th>
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<tr>
<td>Emission</td>
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<td>Ejaculatory Inevitability</td>
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<td>Expulsion</td>
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<td>Afterglow</td>
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- Other orgasm observations and controversies
  - Female ejaculation
    - Skene’s glands
  - The Gräfenberg (G) spot
  - Male multiple orgasm
Masters and Johnson: Sexual Response (Continued)

- **R - Resolution**
  - Male: Refractory period
  - Female: Refractory period

- **Criticisms**
  - Too many stages
  - Too few stages
  - Does not account for differences between males and females.
  - Does not account for desire

**Kaplan’s Three Stage Model**

- **Desire**
  - Hypoactive sexual desire

- **Excitement**

- **Orgasm**
Reed’s Erotic Stimulus Pathway Theory

- Seduction
- Sensations
- Surrender
- Reflection

Janssen and Bancroft’s Dual Control

- Two opposing and psychological processes:
  - Sexual Excitation System
  - Sexual Inhibition System

- The two systems must form a balance for optimum sexual response.

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A New View of Women’s Sexual Response

- Men and women have different sexual responses.
- An understanding of sexual response must include relational context.
- Female sexual response is more varied than male sexual response.
- Sexual response is beyond the physical and must take into account cultural, political, economic, relational, physiological, and medical factors.

Other Elements of Physiological Response

- Much of the chapter focused on sexual anatomy and its relationship to sexual response.
- The sexual response to physiological stimulation extends well beyond the sexual anatomy.