Habits of Mind

- I, we, all of BC, want you to succeed in this class and at BC. Success takes energy, planning, and strategies for both the expected challenges in school as well as the unexpected twists life can take.
Many of you will face obstacles that threaten your academic goals this semester. Many of these challenges may seem beyond your control. **THEY ARE NOT.**
You may not always be able to control what happens in your life, but you can determine your reaction, your planning, and your priorities.
Habits of Mind

- What determines success is not circumstance, but habit. People who succeed in life don’t do so because they face no challenges, rather they overcome the destructive things in their lives because they empower themselves with good habits.
Bakersfield College and the Habits of Mind Initiative, It’s POSSIBLE at BC, worked to create many tools intended to help you develop the empowering habits that will enable you to overcome the challenges you face.
Refuse to quit. Ultimately, only you can change your life.

Empower yourself.

Visit our website or ask your professor for information about Habits of Mind: www.bakersfieldcollege.edu/habits-of-mind.
Please download our app, Habits of Mind at Bakersfield College for power in your palm.

Available now, Habits of Mind at BC

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Available by January 28th, 2014, Habits of Mind at BC