SURVIVAL KIT

Student Development
SURVIVAL KIT

- First day of class
  - Waitlist
  - On time – up front – Ask questions
  - Take notes
  - Get texts, materials for next class meeting
  - Study syllabus
    - Instructor’s information
    - Student information
SURVIVAL TIPS

- Don’t schedule back-to-back
- Begin the first day
- Routine study time
- Place to study
- Study during the day
- Schedule study breaks
- Use study resources
- Study hardest subject first
TAKING NOTES

- Question in the margin (Cornell)
- Question for key points
- Highlight/underline answers
- Summarize in your own words
- Recite, Review, and Reflect
TEST TAKING

- Before beginning
  - Preview
  - Mind dump
  - Calculate time

- Taking
  - Read directions
  - Answer easy questions first
  - Go back to difficult questions
TEST TAKING (CONT.)

- Taking (cont.)
  - Answer all questions
  - Ask for explanations
  - Answer from instructor’s point of view
  - Use margin to explain
  - Circle key words
  - Rephrase difficult questions
AFTER THE TEST

- Review a returned test
  - Mistakes in grading
  - What you missed & why
  - Study instructor comments
  - Questions from text, lecture
  - Type of missed questions
  - Review your study techniques
TECHNOLOGY TOOLS

- Email accounts
- Computers available
- Computer skills
- Home page for classes
EMAIL ETIQUETTE

- Use the subject line
- Write only what you want to say in public
- Use a spell checker
- Read before you send
- Identify yourself
- Keep message short and focused
EMAIL (CONT.)

- Don’t use upper case. NO SHOUTING!
- Check your email once a day
- Delete spam
- Don’t overuse “reply all”
- Don’t forward chain letters, jokes, etc.
4 ESSENTIALS OF LEARNING

- Gathering
  - Hear, read, see, interact with new information

- Analyzing
  - Understand – Look for relevance & meaning

- Creating New Ideas
  - Hypotheses, plans, actions

- Acting
  - Writing, speaking, drawing, teaching
BREATHE SYSTEM

- Deal with stress, self-esteem, being overwhelmed, anxiety, etc.
- Raise test scores
- Straighten your posture
- Relax neck & shoulder muscles
- Deep breathe
CLASSES OF INTEREST

- Academic Development
- Learning Communities
- Student Development
SUCCESS IN COLLEGE

- Take Responsibility
  - Learning material
  - Completing homework
  - Earning the grade
  - Attending class
“Education and career development are on-going processes that will continue throughout your life. This course is only a beginning…..

~Sue Granger-Dickson~