

Diabetic Teaching Project

Choose one of the following topics to develop a teaching plan for a diabetic client. The teaching plan should be written so that the “lay” person might understand the lesson. Design and include any props that would be helpful to the client in understanding their disease and/or the regimen they need to follow as a result of the disease. Ideas for presentation include: pamphlets, story boards, flip charts, poster boards, presentations, etc. However you chose to present the material it should be creative and presented in a way that the client can understand and should include accurate up to date information useful to the client. Samples of topics that you might choose include:

Glucose Monitoring including everything the client needs to know to use, read, and maintain quality control of the monitor

Giving insulin injections to self, including mixing of long and short acting insulins, drawing up and giving the injection, and choosing appropriate site.

Choosing appropriate diet: include why diet is so important, timing of meals for good blood sugar control, and preparing of a 2-day meal plan using the exchange list and a 2 day plan using carbohydrate counting.

Teach the pathophysiology of diabetes in “lay” terms, helping the client to see and understand the disease and potential complications.

Exercise for the diabetic

Project will be worth a total of 40 points:

Accuracy and completeness	15 pts
Creativity	5 pts
Client friendly (understandable, clear, easy to follow, proper language for client)	10 pts
Appearance (professional)	<u>10pts</u>
Total -----	40 pts

DUE DATE: November 19, 2009